

February 2019

Dear Auto RETRO Members;

February is National Heart Month sponsored by [The American Heart Association](#) educating Americans on the battle of cardiovascular disease and how to live heart-healthy lives. Solutions may be around the corner for better ways to control cholesterol, but now high blood pressure is on the rise. Evaluate your lifestyle and make adjustments so that in your later years of life, you can still continue to enjoy life to its fullest!

First topic is: **Horseplay**. Sometimes things can get a little slow, which can lead to restlessness amongst fellow employees and that can potentially lead to horseplay. We all want to have fun at work but do not let it get carried away and lead to a possible injury or the filing of a Workers Compensation claim. Having to readjust the schedule for the injured worker(s), the additional paperwork etc., are just a few issues that arise from excessive horseplay. As a manager or supervisor, you want to make sure that the work environment is enjoyable and fun, but also safe for fellow employees. Prevent horseplay from becoming allowable in your work environment. It is important for the success of your company!

Handouts are located in the RASI Safety Library on [Horseplay](#), and [Feel Lucky Poster](#).

The second item is: **Accident Prevention Plan Review**. All employers in Washington State are **required** to create a **written Accident Prevention Program (APP)**. Lack of or not current with company processes, makes this a highly cited item from L&I. Many businesses regard their APP as the cornerstone of their overall safety program. In order to meet written program and other APP requirements, businesses will need to:

- Look around to identify workplace hazards that could hurt employees. You can find a [Job Hazard Worksheet here](#)
- Find and apply ways to reduce or eliminate hazards.
- Provide a detailed safety orientation to employees so they understand the possible hazards of their particular job and how to work safely.

As each APP is customized to meet your business needs and depending on the activities and hazards in your specific workplace, additional requirements may apply. Here are some links to assist you; [other health & safety program requirements](#), [L&I APP tools](#). I'm available to help you put this together and can be contacted at the information below.

Here at WRA, we want all employees to take the time and be safe! Remember, L&I can fine your business if you are not holding and documenting monthly safety meetings.

Thinking safety for you,

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