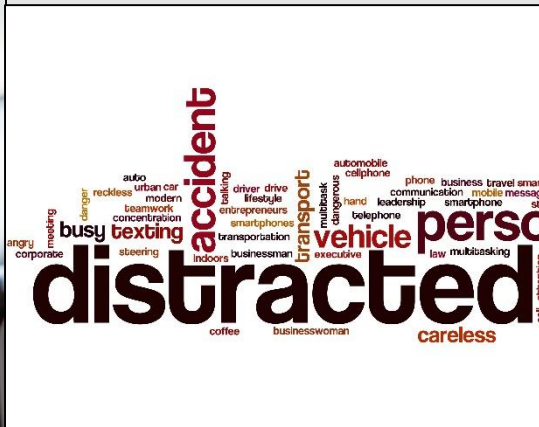


Are You Distracted and Driving?



What is Distracted Driving?

Distracted driving is any non-driving activity a person engages in that has the potential to distract him or her from the primary task of driving and increase the risk of an accident.

There are three main types of distraction:

Visual — taking your eyes off the road

Manual — taking your hands off the wheel

Cognitive — taking your mind off what you're doing



Distracting Activities

- Eating and drinking
- Talking to passengers
- Putting on makeup
- Using a cell phone
- Reading, including a navigation system
- Watching a video
- Changing the radio station, CD, or Mp3 player.



Washington State law on cell phone use while driving

- Effective July 2017, new rules go into effect using wireless communication devices, cell phones, prohibits holding an electronic device — including phones, tablets and other electronic gadgets — while driving, including while in traffic or waiting for a traffic light to change.
- The rule allows, "the minimal use of a finger" to activate, deactivate, or initiate a function of a personal electronic device while driving will still be allowed.
- The standard traffic fine of \$136 would apply to a first offense but would increase to about \$235 for a second offense. The first distracted driving offense would also be reportable to insurance companies.

Additional penalties

Another section of the new law also states that a person who engages in "any activity not related to the actual operation of a motor vehicle" is subject to pay an additional fine of \$100. It only applies if an officer catches a driver being distracted while committing a standard traffic offense, such as running a stop sign because their coffee spilled or a pet jumped in their lap.

Cell Phones – Alternatives and Exceptions

Hands Free Alternatives

- Bluetooth
- Voice-activated and speed dialing
- Push-to-Talk devices (radio)
- Voice mail and Caller ID answer caller until getting to safe destination



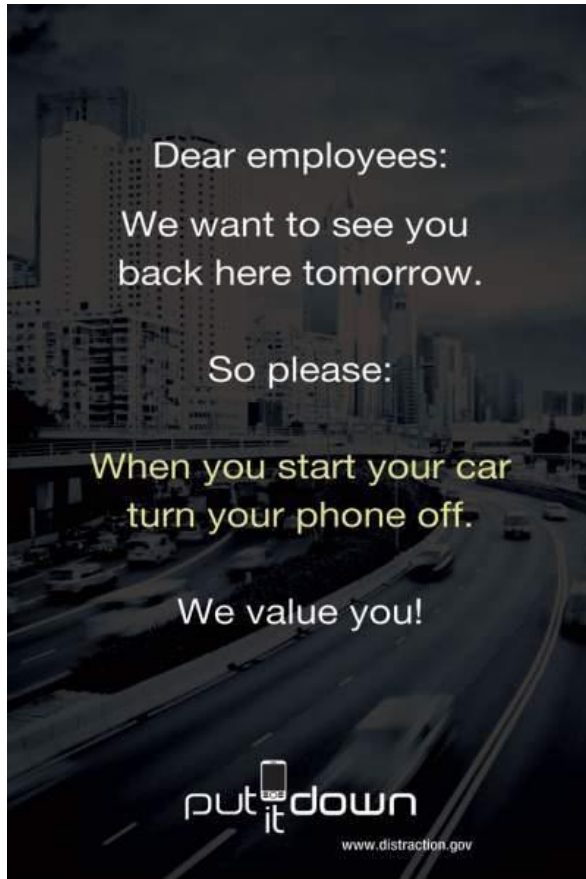
Exceptions:

- Emergencies – calling law enforcement for assistance
 - Reporting road hazards to the authorities
 - Notifying the authorities of erratic driver - 911
- Before using for emergency, determine if the call can be made safely.

Some videos to watch

You can find a variety of [videos here](#). Watch a couple and discuss.

Posters



NO text.
NO call.
NOTHING
is worth losing a life over.



Puzzle pages

[Criss-Cross](#)

[Word Search](#)

Thank you for your time and if you have
additional questions please contact
Safety at Retail Association Services;
360.943.9198
Or
safety@waretailservices.com