**Heat Related Illness**

C M J E H H V B C H U J E X B

Y N O U K Q D D G H E T Z M U

N L V Y U O S B L W A Q K M U

B E D A H S R C W R N E Q F F

Q B R U G G O T E S L K Q G A

T T N V N U F D S E W K Y O U

A D H D I S O N C T V E R G D

P X E H H M E T R F A O A S V

T P Z B T E R C A J K E A T I

O U T D O O R S M S N G H E S

T S A Y L K M Y P T N M D Y Y

O B A Y C P G D S I Z J C U X

Y Z T Y I E X E R E Y G H H B

Z E S N O I T A C I D E M C B

S M M M O J E R L M L A Z L L

**CLOTHING**

**CRAMPS**

**ELECTROLYTES**

**HEATSTROKE**

**MEDICATIONS**

**MODERATE**

**OUTDOORS**

**QUART**

**SHADE**

**SWEATS**