



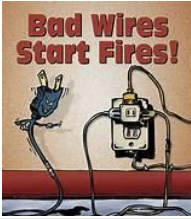




# MAY 2019

| SUNDAY   | MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY   | SATURDAY  |
|--|---|--|---|---|--|---|
|  <p>RETAIL ASSOCIATION SERVICES Inc.</p> | <p><b>Meeting Topics:</b><br/> <b>1. Overexertion</b><br/> <b>2. Electrical Safety</b></p>                        | <p>Prevent Sprains &amp; Strains by using tools that will reduce overexertion.</p>           | <p>1 <a href="#">Well maintained tools and equipment help to prevent accidents!</a></p>                     | <p>2 Don't learn safety by accident!</p>  | <p>3 </p> | <p>4 How are your first aid kits looking? Replenish as needed now.</p>  |
| <p>5 Exercise to feel stronger and live longer!</p>  | <p>6 <a href="#">Do not use extension cords that have exposed wires.</a></p>                                      | <p>7 Heavy load? Remember "team lift" for back safety!</p>                                   | <p>8 SDS - Flammable</p>  | <p>9 Don't be distracted while driving. Your life depends you pay attention!</p>                | <p>10 <a href="#">Make sure ladders are properly set up before using them.</a></p>           | <p>11 Do you know where the Accident Prevention Program is located?</p> |
| <p>12 Wear proper hand protection for the job that you are doing.</p>  | <p>13 <a href="#">How is your safety attitude?</a></p>  | <p>14 </p> | <p>15 Eliminate slips - wear shoes that are appropriate for the job.</p>                                    | <p>16 Remember to lift with your legs and not your back.</p>                                    | <p>17 <a href="#">Do you know how to read the SDS labeling?</a></p>                          | <p>18 <b>THINK SAFE<br/>ACT SAFE<br/>BE SAFE</b></p>                    |
| <p>19 </p>                            | <p>20 Being accident free is by doing your part to be safe.</p>   | <p>21 Inspect your parking lot for any hazards.</p>  | <p>22 Are switches in electrical panels properly labeled?</p>   | <p>23 Too loud? Protect your ears from damage with ear plugs.</p>                               | <p>24 Safety is a cheap and effective insurance policy.</p>                                  | <p>25 Does anyone count on YOU for their safety?</p>                    |
| <p>26 Time to replace any worn out PPE?</p>  | <p>27 <b>Memorial Day</b></p>  | <p>28 <a href="#">Know your responsibility in every emergency situation.</a></p>             | <p>29 Reduce trips by keeping aisles clear and neat.</p>  | <p>30 </p> | <p>31 Lift wisely to prevent Overexertion</p>  | <p>When on a ladder, remember the belt buckle rule.</p>                 |





