NOVEMBER 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
RETAIL ASSOCIATION SERVICES Inc.	Meeting Topics: 1. Ladder Safety 2.Slip Trip Fall		Monitor too dim or bright? Adjust your contrast for easier viewing.	Make sure entrance mats flat on the floor.	1 <u>Too Heavy?</u> <u>Find the proper</u> <u>tool to help you</u> <u>with the lift.</u>	2 It is a great time for a safety inspection. Where is your checklist?
3 Daylight Savings Ends	4 Maintain balance - Don't let your belt buckle go beyond the ladder rails.	5 Overhead lifting causes shoulder overexertion. Find ways to work at chest level.	6	7 Ladders with handrails will assist your aging workers balance.	8 <u>Make sure</u> <u>extension cords are</u> <u>properly rated for</u> <u>the task.</u>	9 One ladder one person.
10 Safety involves everyone. Are you doing your part?	11 Veterans Day	12 <u>Be careful when</u> <u>using flammable</u> <u>chemicals around</u> <u>hot areas.</u>	13 A spill, a slip, could become a hospital trip!	14 Make sure your ladder is tall enough for the task. Don't use the top two steps.	15	16 Don't learn safety by accident!!
17 Use Z87+ shatter resistant lenses to protect your eyes.	18 Use handrails when on stairs!	19 <u>Prevent slips</u> <u>by cleaning</u> <u>up spills quickly!</u>	20 Your job provides a paycheck, but your safety allows you to go home.	21 When was your last safety meeting?	22 <u>Focus on where</u> <u>you are walking so</u> <u>that you don't slip</u> <u>or trip!</u>	23 Are you prepared for potential power outages?
24 Electrical panels need a 3 foot clearance around them.	25 NOTICE HOW TO LIFT CORRECTLY BEND KNEES TO LIFT TO LIFT PREVENT BCK INJURY DON'T BEND OVER	26 <u>Make sure you</u> <u>have three contact</u> <u>points when using</u> <u>a ladder.</u>	27	28 Thanksgiving	29 What is your Distracted Driving Policy?	30 Have you tried SAFEME? www.wrasafeme.com

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