








# NOVEMBER 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p>  <p>RETAIL ASSOCIATION SERVICES Inc.</p>	<p>2</p> <p><b>Meeting Topics:</b>  <b>1. Safe Lifting</b>  <b>2. Using Stairs</b></p>	<p>3</p> <p>Who's under there?            Keep it safe!</p> 	<p>4</p> <p>Working around loud noises? Make sure you have hearing protection.</p>	<p>5</p> <p>Be Aware!            Stay alert and know your surroundings.</p>	<p>6</p> <p>Muscle Tension?            Wrist or neck aches?            You need an Ergo Consult!</p>	<p>7</p> <p>Do not place merchandise or store items on steps.</p>
<p>8</p> <p><b>Day Light Savings ends</b></p>	<p>9</p> <p>Don't be a distracted driver.            NO cell phone use while driving!</p>	<p>10</p> <p>Make sure ladders are properly set up before using them.</p>	<p>11</p> <p>How are the entrance mats looking? Do they need replacement?</p>	<p>12</p> <p>When lifting don't twist, move your feet instead.</p>	<p>13</p> <p>Even a little bit of ice can be slippery!</p> 	<p>14</p> <p>Reduce awkward lifting. Get help or use equipment to assist you.</p>
<p>15</p> <p>Know safety, no injury.            No safety, know injury</p>	<p>16</p> <p>Are switches in electrical panels properly labeled?</p>	<p>17</p> <p>Always use caution when you open or close your business!</p> 	<p>18</p> <p>Keep stock room aisles clear of freight.</p>	<p>19</p> <p>Are your Safety Meeting records current?</p>	<p>20</p> <p>Are stair wells clear from obstruction and properly lit?</p>	<p>21</p> <p>How do your Exit signs look? Are they working properly?</p>
<p>22</p> 	<p>23</p> <p>Use hand rails while on stairs.</p>	<p>24</p> <p>Report all Injuries and accidents the same day.</p>	<p>25</p> 	<p>26</p> <p><b>Thanksgiving Day</b></p> 	<p>27</p> <p>Do you have the right mouse for your desk?</p>	<p>28</p> <p>Don't drink and drive or ride with drivers who are drinking.</p>
<p>29</p> <p>Are you ready for ice at entry ways? Better get some de-icer now!</p>	<p>30</p> <p>Are you working late? Walk out with a co-worker.</p>	<p>Lift with your legs and not your back!</p>	<p>Do your stairs have anti-skid strips on them?</p>	<p>A spill, a slip = a hospital trip!</p>	<p>How is that First Aid Kit looking? Its time to replenish it.</p>	