

# NOVEMBER 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 <b>Meeting Topics:</b> 1. Ladder Safety 2. Slip Trip Fall	2 	3 Monitor too dim or bright? Adjust your contrast for easier viewing.	4 Make sure entrance mats flat on the floor.	5 <u>Too Heavy?</u> <u>Find the proper tool to help you with the lift.</u>	6 It is a great time for a safety inspection. Where is your checklist?
	7 <b>Daylight Savings Ends</b>	8 Maintain balance - Don't let your belt buckle go beyond the ladder rails.	9 Overhead lifting causes shoulder overexertion. Find ways to work at chest level.	10 	11 <b>Veterans Day</b> 	12 <u>Make sure extension cords are properly rated for the task.</u>
14 Safety involves everyone. Are you doing your part?	15 Ladders with handrails will assist your aging workers balance.	16 <u>Be careful when using flammable chemicals around hot areas.</u>	17 A spill, a slip, could become a hospital trip!	18 Make sure your ladder is tall enough for the task. Don't use the top two steps.	19 	20 Don't learn safety by accident!!
21 Use Z87+ shatter resistant lenses to protect your eyes.	22 Use handrails when on stairs!	23 <u>Prevent slips by cleaning up spills quickly!</u>	24 Your job provides a paycheck, but your safety allows you to go home.	25 	26 <u>Focus on where you are walking so that you don't slip or trip!</u>	27 Are you prepared for potential power outages?
28 Electrical panels need a 3 foot clearance around them.	29 	30 <u>Make sure you have three contact points when using a ladder.</u>		When was your last safety meeting?	What is your Distracted Driving Policy?	Have you tried <b>SAFEME</b> ? <a href="http://www.wrasafeme.org">www.wrasafeme.org</a>