

ALERT: L&I inspections are asking businesses to show proof of employee COVID training. Remember, you can use the free SAFEME COVID Training module to help you fulfil this requirement.

February 2022

Hello RETRO Members;

February is National Heart Month, sponsored by [The American Heart Association](#), and we are focused on educating Americans on how to battle cardiovascular disease by living heart-healthy lives. This focus also ties in with First Aid/CPR training.

First Aid/CPR-AED. [L&I requires](#) first aid certified personnel to be on hand when employees are present. Typically, supervisors and higher are card holders. If you have not taken this course recently, you may not be aware of the recent changes or how to use an Automated External Defibrillator (AED) which is now part of the training. Even if your store doesn't yet have an AED on location, it's essential to understand how to operate one. Another change to the CPR method is the administration of chest compressions alone without stopping to give rescue breaths. Are your first aid cardholders current? If not, many online services can help you become certified.



Slips-Trips-Falls. Slips, trips, and falls are very common in workplace accidents. Employees, employers, and customers are put at risk for serious injury when slip, trip, and fall hazards go unnoticed in parking lots, walkways, stairwells, and other work locations. Fortunately, with proper training, housekeeping techniques, and encouraging a safety culture in the workplace, you can spot, report, and correct these hazards before someone gets hurt.



You will find additional information on this topic at the [RS Safety Library](#), with several items to pick from as part of your safety meeting for this month. A [printable sign is available here](#). For additional safety tips, check [here](#). The **SAFEME** app has a module on [Slips Trip and Falls](#) and makes a great refresher course or safety meeting topic.

Thinking safety for you,

Rick Means

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