

# JULY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Meeting Topics:</b>  <b>1.Heat Related Illness</b>  <b>2.Personal Protective Equipment</b></p>	<p>Safety is a cheap and effective insurance policy.</p>	<p><u>Do you know the signs of Heat Exhaustion?</u></p>	<p>Don't drink and drive or ride with drivers who are drinking.</p>	<p>Never give safety a day off!</p>	<p>1 Protect your eyes, wear safety glasses when exposed to flying objects.</p>	<p>2 Wear the appropriate shoes for the job you are performing!</p>
<p>3 Safety is a commitment to yourself!</p>	<p>4 <b>Independence Day</b>  </p>	<p>5 Use tools correctly - Lacerations by box cutters are common in the retail trade.</p>	<p>6 Hot day? Make sure you are drinking plenty of water!</p>	<p>7 </p>	<p>8 <u>Hear today, gone tomorrow - Wear hearing protection!</u></p>	<p>9 </p>
<p>10   <small>Symptoms of Heat Exhaustion</small></p>	<p>11 On hot days - cool off in the shade.</p>	<p>12 <u>A neat and clean workplace is necessary for safety.</u></p>	<p>13 </p>	<p>14 Make sure entrance mats are always in good shape.</p>	<p>15 Safety Rules are the best tools!</p>	<p>16 Just because you always did it that way, doesn't make it right.</p>
<p>17 Hanging a display? Be cautious &amp; no awkward reaching!</p>	<p>18 Know safety, no injury. No safety, know injury.</p>	<p>19 <u>Eliminate that trip and watch where you are walking!</u></p>	<p>20 Always wear any protective gear that is required to do your job.</p>	<p>21 </p>	<p>22 Remember to lift with your legs and not your back.</p>	<p>23 Do you have an escape route plan?</p>
<p>24   <small>31</small></p>	<p>25 </p>	<p>26 Safety devices are there to protect you. Use them!</p>	<p>27 Need help with Safety Meeting topics? Call Rick 360.943.9198 x118</p>	<p>28 Are you getting enough fluids through out the day?</p>	<p>29 Working safely may get old, but so do those who practice it.</p>	<p>30  RETAIL ASSOCIATION SERVICES Inc.</p>