

# AUGUST 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>RETAIL ASSOCIATION SERVICES Inc.</p>	<p>1</p> <p><b>Meeting Topics:</b>  <b>1.Face Coverings</b>  <b>2.Ladders</b></p>	<p>2</p> <p>Safety is simple as  <b>Always Be Careful!</b></p>	<p>3</p> <p>Assist your lift - is there a tool to help you lift?</p>	<p>4</p> <p>Falls from ladders are one of the most common causes of injury in retail.</p>	<p>5</p> <p>A spill, a slip = a hospital trip!</p>	<p>6</p> 
<p>7</p> <p>Make sure you can see over the top of what you are lifting!</p>	<p>8</p> <p>Lift Safely</p> 	<p>9</p> <p>Select the right ladder for your task.</p>	<p>10</p> <p>Remember machines have no brain, so use yours when operating them!</p>	<p>11</p> <p>Don't be a distracted driver....NO cell phone use while driving!!</p>	<p>12</p> <p>Don't bend over to lift, kneel down and lift with your legs.</p>	<p>13</p> <p>Don't use damaged ladders. Report them immediately</p>
<p>14</p> <p>Be alert, because accidents hurt!</p>	<p>15</p> <p>Are your required posters current?</p>	<p>16</p> <p>Reduce awkward lifting — Team Lift!</p>	<p>17</p> <p>Stock Safely</p> 	<p>18</p> <p>Ladder use - be most careful on your descent</p>	<p>19</p> <p>Do not place merchandise or storage on steps.</p>	<p>20</p> <p>Hot Day? Make sure you drink plenty of water!</p>
<p>21</p> <p>One split second of carelessness will change your entire life!</p>	<p>22</p> <p>When on a ladder, remember the belt buckle rule.</p>	<p>23</p> <p>Would you feel comfortable using a fire extinguisher if needed?</p>	<p>24</p> <p>When using hand trucks &amp; pallet jacks - PUSH rather than pull</p>	<p>25</p> <p>How is that First Aid kit looking? Is it time to replenish it?</p>	<p>26</p> <p>Mop up your spills!</p> 	<p>27</p> <p>Use good body mechanics when lifting.</p>
<p>28</p> 	<p>29</p> <p>Keep aisles neat and tidy!</p>	<p>30</p> <p>Heavy Load? Remember "team lift" for back safety!</p>	<p>31</p> <p>Avoid tripping and pay attention to where you are walking.</p>	<p>Use both hands when using power equipment</p>	<p>When lifting, make sure the path is clear to your destination.</p>	<p>Have new employees been trained on safety at your shop?</p>