



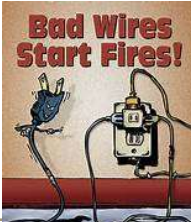




MAY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Meeting Topics: 1. Overexertion 2. Electrical Safety	2 Prevent Sprains & Strains by using tools that will reduce overexertion.	3 <u>Well maintained tools and equipment help to prevent accidents!</u>	4 Don't learn safety by accident!	5 	6 How are your first aid kits looking? Replenish as needed now.
7 Exercise to feel stronger and live longer!	8 <u>Do not use extension cords that have exposed wires.</u>	9 Heavy load? Remember "team lift" for back safety!	10 SDS - Flammable 	11 Don't be distracted while driving. Your life depends you pay attention!	12 <u>Make sure ladders are properly set up before using them.</u>	13 Do you know where the Accident Prevention Program is located?
14 Wear proper hand protection for the job that you are doing.	15 <u>How is your safety attitude?</u>	16 	17 Eliminate slips - wear shoes that are appropriate for the job.	18 Remember to lift with your legs and not your back.	19 <u>Do you know how to read the SDS labeling?</u>	20 THINK SAFE ACT SAFE BE SAFE
21 	22 Being accident free is by doing your part to be safe.	23 Inspect your parking lot for any hazards.	24 Are switches in electrical panels properly labeled?	25 Too loud? Protect your ears from damage with ear plugs.	26 Safety is a cheap and effective insurance policy.	27 Does anyone count on YOU for their safety?
28 Time to replace any worn out PPE?	29 Memorial Day 	30 <u>Know your responsibility in every emergency situation.</u>	31 Reduce trips by keeping aisles clear and neat.		Lift wisely to prevent Overexertion	When on a ladder, remember the belt buckle rule.