







SEPTEMBER 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Meeting Topics: 1. PPE 2. Ergonomics</p>			<p>Reduce tripping - Make sure carpet or mat edges are lying flat.</p>	<p><u>Be careful when re- inflating tires and don't overinflate past tire specifications.</u></p>	<p>1 Don't drink and drive or ride with drivers who are drinking.</p>	<p>2 </p>
<p>3 Accidents hurt - Safety doesn't.</p>	<p>4 Labor Day Holiday</p>	<p>5 <u>Remember to lift with your legs and keep your back straight.</u></p>	<p>6 When driving, pay attention at all times!</p>	<p>7 Make sure flammable liquid containers are sealed when not in use.</p>	<p>8 <u>Do some stretching exercise before you start a lot of lifting.</u></p>	<p>9 How are you contributing to the safety culture at your store?</p>
<p>10 Chance takers are accident makers</p>	<p>11 Get help when lifting heavy or awkward loads.</p>	<p>12 <u>Wear proper eye gear for the task.</u></p>	<p>13 Check your first aid kits to make sure they will be ready when needed.</p>	<p>14 </p>	<p>15 Use job rotation to reduce repetition type injuries.</p>	<p>16 Exercise to feel stronger and live longer!</p>
<p>17 How is your safety attitude?</p>	<p>18 U DRIVE. U TEXT. U PAY </p>	<p>19 Respect power tools' safety guards. They are there for a purpose.</p>	<p>20 Record retention: Safety Meetings= 1 yr. OSHA300= 5 yrs. SDS=30 yrs.</p>	<p>21 Hear today - gone tomorrow.</p>	<p>22 <u>8 feet can be fatal - Be safe with ladders</u></p>	<p>23 Motivate yourself and it will motivate your well-being.</p>
<p>24 What is the difference between Flammable and Combustible?</p>	<p>25 Wear proper hand protection for the job that you are doing.</p>	<p>26 Eliminate the slip or trip and you will eliminate the fall!</p>	<p>27 Rushing causes accidents! Give yourself enough time to be safe</p>	<p>28 <u>Ergonomics - working with your body in the most natural position possible.</u></p>	<p>29 SDS - Explosive </p>	<p>30 </p>