## AUGUST 2024

| SUNDAY   | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   | SATURDAY  |
|--|---|---|---|---|--|---|
| RETAIL ASSOCIATION SERVICES Inc.                                     | Meeting Topics: 1. Back Safety 2. Near Misses   | Accident prevention includes reporting near misses.                         | Do you work in an<br>85db area? Wear<br>hearing protection!     | SDS - Acute To ity  | 2 Lift wisely and get help if it is too much for you.                    | 3 The precaution is better than the cure.                                 |
| 4<br>Safety rules<br>are the<br>best tools!                          | 5 <u>Most ladder</u> <u>accidents happen</u> <u>as you descend.</u>   | 6   | 7<br>Auto group -<br>Inspect vehicle<br>lifts daily!            | 8 Are EXIT signs in good shape?   | Fire extinguisher basics - Do you remember the PASS method?              | 10<br>Who counts<br>on you for<br><u>their</u> safety?                    |
| 11 Do you know when your next safety meeting is?                     | Push pallet jacks,<br>carts, hand trucks.<br>You will be less<br>likely to strain your<br>back.                                       | 13 When was your Hazard Communication Plan last updated?                    | 14  Is there a culture of safety in your workplace?             | Don't let a<br>near miss become<br>and accident!                                      | CAUTION THIS MACHINE HAS NO BRAIN USE YOUR OWN                           | 17 Safety guards are there to protect you. Use them!                      |
| 18<br>Safety is like a lock,<br>But you are the key!                 | Is there a manager<br>on duty that is<br>First Aid certified?   | Poor work desk posture? Positon your body more ergonomically.               | 21<br>Good housekeeping<br>helps in preventing<br>a "near miss" | 22<br>Clean up spills<br>quickly before<br>someone slips.                             | You were lucky this time, but will you be next time? Report Near Misses! | 24<br>Remember to lift<br>with your legs and<br>not your back.            |
| 25 Safety tips learned at work can apply to home and family as well. | You're four times It's hard to more likely to concentrate on have a crash two things when you're on at the same time. a mobile phone. | 27 Use extra caution when on a ladder. Most falls happen under 8 feet high. | 28 Time to check those fire extinguishers.                      | 29 Just because you've always done something one way, doesn't mean it's the safe way! | Have you checked out RS SafetyTV?  | 31<br>Remember to wear<br>sunscreen that has<br>UVA and UVB<br>protection |

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