MAY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
RETAIL ASSOCIATION SERVICES Inc.	Meeting Topics: 1. Overexertion 2. Electrical Safety	Prevent Sprains & Strains by using tools that will reduce overexertion.	<u>Well maintained</u> <u>tools and</u> equipment help to prevent accidents!	1 Don't learn safety by accident!	2	3 How are your first aid kits looking? Replenish as needed now.
4 Exercise to feel stronger and live longer!	5 <u>Do not use</u> <u>extension cords</u> <u>that have exposed</u> <u>wires.</u>	6 Heavy load? Remember "team lift" for back safety!	7 SDS - Flammable	8 Don't be distracted while driving. Your life depends you pay attention!	9 <u>Make sure ladders</u> <u>are properly set up</u> <u>before using them.</u>	,
11 Wear proper hand protection for the job that you are doing.	12 <u>How is your safety</u> <u>attitude?</u>	13	14 Eliminate slips - wear shoes that are appropriate for the job.	15 Remember to lift with your legs and not your back.	16 <u>Do you know how</u> <u>to read the SDS</u> <u>labeling?</u>	17 THINK SAFE ACT SAFE BE SAFE
18 Bad Wires Start Fires!	19 Being accident free is by doing your part to be safe.	20 Inspect your parking lot for any hazards.	21 Are switches in electrical panels properly labeled?	22 Too loud? Protect your ears from damage with ear plugs.	23 Safety is a cheap and effective insurance policy.	24 Does anyone count on YOU for their safety?
25 Time to replace any worn out PPE?	26 Memorial Day	27 <u>Know your</u> <u>responsibility in</u> <u>every emergency</u> <u>situation.</u>	28 Reduce trips by keeping aisles clear and neat.	29	30 Lift wisely to prevent Overexertion	31 When on a ladder, remember the belt buckle rule.