






AUGUST 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Meeting Topics: 1.Overexertion 2.Ladders	Safety is simple as Always Be Careful!	1 Assist your lift - is there a tool to help you lift?	2 Falls from ladders are one of the most common causes of injury in retail.	3 A spill, a slip = a hospital trip!	4 
5 Make sure you can see over the top of what you are lifting!	6 Lift Safely 	7 Select the right ladder for your task.	8 Remember machines have no brain, so use yours when operating them!	9 Don't be a distracted driver....NO cell phone use while driving!!	10 Don't bend over to lift, kneel down and lift with your legs.	11 Don't use damaged ladders. Report them immediately
12 Be alert, because accidents hurt!	13 Are your required posters current?	14 Reduce awkward lifting — Team Lift!	15 Stock Safely 	16 Ladder use - be most careful on your descent	17 Do not place merchandise or storage on steps.	18 Hot Day? Make sure you drink plenty of water!
19 One split second of carelessness will change your entire life!	20 When on a ladder, remember the belt buckle rule.	21 Would you feel comfortable using a fire extinguisher if needed?	22 When using hand trucks & pallet jacks - PUSH rather than pull	23 How is that First Aid kit looking? Is it time to replenish it?	24 Mop up your spills! 	25 Use good body mechanics when lifting.
26 	27 Keep aisles neat and tidy!	28 Heavy Load? Remember "team lift" for back safety!	29 Avoid tripping and pay attention to where you are walking.	30 Use both hands when using power equipment	31 When lifting, make sure the path is clear to your destination.	Have new employees been trained on safety at your shop?